

Date	Fitness Centre	Group Fitness	Aquafit
Monday December 24	6:00-11:30am	Zumba 9:15-10:00am Stretch 10:15-11:00am	
Tuesday December 25 CLOSED			
Wednesday December 26	8:00am-4:00pm	Cycle 9:15-10:00am Bootcamp 10:15-11:00am	
Thursday December 27	6:00am-10:00pm	Fit Bodies 9:15-10:00am Kettlebell 9:15-10:00am Pilates 10:15-11:00am Tabata 6:00-6:35pm Zumba 7:00-7:45pm	10:45-11:30am
Friday December 28	6:00am-10:00pm	Met Con 9:15-10:00am Stretch 10:15-11:00am	10:30-11:15am
Saturday December 29	7:30am-5:00pm	Bootcamp 8:00-8:45am Yoga 9:00-10:00am	8:00-8:45am
Sunday December 30	7:30am-5:00pm	Yin Yoga 10:00-11:00am	
Monday December 31	6:00am-1:00pm	Tabata 9:15-9:50am Stretch 10:15-11:00am	
Tuesday January 1 CLOSED			
Wednesday January 2	6:00am-10:00pm	Yin Yoga 8:00-8:45am Cycle 9:15-10:00am Zumba 10:15-11:00am Met Con 6:00-6:45pm	7:45-8:30pm
Thursday January 3	6:00am-10:00pm	Kettlebell 9:15-10:00am Pilates 10:15-11:00am Bootcamp 6:00-6:45pm Cycle 7:00-7:45pm	10:45-11:30am
Friday January 4	6:00am-10:00pm	Met Con 9:15-10:00am Stretch 10:15-11:00	10:30-11:15am
Saturday January 5	7:30am-5:00pm	Bootcamp 8:00-8:45am Yoga 9:00-10:00am Zumba 10:15-11:00am	8:00-8:45am
Sunday January 6	7:30am-5:00pm	Yin Yoga 10:00-11:00am	

Date	Adult Lane Swim Lap Pool & Relaxation Pool		Parent & Tot Swim	Leisure Swim
	4 Lanes ‡ 3 lanes only	8 Lanes	Leisure Pool (no Water Slide)	All Pools & Water Slide ⓧ AquaGlide (no Water Slide)
Monday December 24	POOL CLOSED			
Tuesday December 25	FACILITY CLOSED			
Wednesday December 26		9:00am-1:00pm	11:30am-1:00pm	1:15-3:00pm
Thursday December 27	10:45-11:30am‡ 8:30-9:00pm	6:00-7:30am 11:30am-1:00pm 9:00-10:00pm	10:45am-12:00pm 3:15-4:15pm	1:15-3:00pm 7:00-8:30pmⓧ
Friday December 28	10:45-11:15am‡	11:15am-1:00pm	10:45am-12:00pm	1:15-3:00pm 7:00-8:30pm
Saturday December 29	8:00-8:45am	7:30-8:00am 12:00-1:00pm	12:00-10:00pm	1:15-3:00pm
Sunday December 30		7:30-8:45am 12:00-1:00pm	12:00-1:00pm	1:15-3:00pm
Monday December 31		7:30-9:00am		9:30am-1:00pm
			6:00-8:30pm FAMILY FIRST NIGHT FREE	
Tuesday January 1	FACILITY CLOSED			
Wednesday January 2	9:00-10:15am‡ 10:15-11:30am 8:30-9:00pm	6:00-7:30am 11:30am-1:00pm 9:00-10:00pm	11:30am-1:00pm	10:15-11:30am (water slide unavailable) 1:15-3:00pm
Thursday January 3	10:45-11:30am‡	6:00-7:30am 11:30am-1:00pm 8:30-10:00pm	10:45am-12:00pm 3:15-4:15pm	1:15-3:00pm
Friday January 4	10:45-11:15am‡	11:15am-1:00pm	10:45am-12:00pm	1:15-3:00pm 7:00-8:30pm
Saturday January 5	8:00-8:45am	7:30-8:00am 12:00-1:00pm	12:00-1:00pm	1:15-3:00pm
Sunday January 6		7:30-8:45am 12:00-1:00pm	12:00-1:00pm	1:15-3:00pm

IMPORTANT DATES: December 27 1:15-3:00pm & 7:00-8:30pm - Ice Safety Day
 Thursday, January 3 - 7:00-8:30pm Leisure Swim cancelled due to Staff Training



	Open Gym	Parent & Toddler	Child & Youth	Adult (18+yr)	Family
Monday December 24	9:30-11:45am				
Tuesday December 25	CLOSED				
Wednesday December 26	2:00-3:45pm	9:15-11:00am		Pickleball/Badminton 11:30am-1:30pm	Pickleball/ Badminton 11:30am-1:30pm
Thursday December 27	12:15-2:45pm	10:30-11:45am	Kids Active Fun (6-13yr) 6:00-6:45pm	Futsal 8:00-9:45pm	Drop-in Sports 3:00-5:45pm
Friday December 28	1:45-2:30pm 4:15-5:15pm	9:15-11:00am	Basketball (13-17yr) 2:45-4:00pm	Pickleball/Badminton 11:30am-1:30pm 7:45-9:45pm	Drop-in Sports 5:45-7:30pm
Saturday December 29	8:00am-1:00pm	10:30-11:45am			
Sunday December 30	8:00am-1:00pm	10:30-11:45am			
Monday December 31	7:45am-12:45pm				
Tuesday January 1	CLOSED				
Wednesday January 2	5:30-6:30pm	9:15-11:00am	Youth Pickleball/ Badminton (13-17yr) 2:00-3:45pm Drop-in Sports (up to 12yr) 4:00-5:00pm Basketball (13-17yr) 4:00-5:00pm	Pickleball/Badminton 11:30am-1:30pm Basketball (21+yr) 8:00-9:45pm	Pickleball/ Badminton 2:00-3:45pm
Thursday January 3	12:15-2:45pm	10:15-11:45am	Kids Active Fun (6-13yr) 6:00-6:45pm	Futsal 8:00-9:45pm	Drop-in Sports 3:00-5:45pm
Friday January 4	1:45-2:30pm 4:15-5:15pm	9:15-11:00am		Pickleball/Badminton 11:30am-1:30pm 7:45-9:45pm	Drop-in Sports 5:45-7:30pm
Saturday January 5	8:00am-1:00pm	10:30-11:45am			
Sunday January 6	8:00am-1:00pm	10:30-11:45am			

	Public Skating	Parent & Tot	Parent & Child	Parent & Tot Shinny	Adult Shinny	Family Stick & Puck
Monday December 24						
Tuesday December 25	CLOSED					
Wednesday December 26	12:25-2:15pm		9:40-11:20am*	2:25-3:15pm	6:40-8:00am	
Thursday December 27	12:25-2:15pm		9:40-11:20am*	2:25-3:15pm		
Friday December 28	12:25-2:15pm 6:30-8:15pm		9:40-11:20am*	2:25-3:15pm		7:00-8:00am
Saturday December 29	3:10-4:50pm*	2:10-3:00pm*				
Sunday December 30	12:25-2:10pm					
Monday December 31	6:00-8:30pm FAMILY FIRST NIGHT FREE					
Tuesday January 1	CLOSED					
Wednesday January 2	12:25-2:15pm		9:40-11:20am*	2:25-3:15pm	6:40-8:00am	
Thursday January 3	12:25-2:15pm		9:40-11:20am*	2:25-3:15pm		
Friday January 4	12:25-2:15pm 6:30-8:15pm		9:40-11:20am*	2:25-3:15pm		7:00-8:00am
Saturday January 5	3:10-4:50pm*	2:10-3:00pm*				

*BWG Leisure Centre Skating Aids permitted

