



DROP IN/OPEN GYMNASIUM SCHEDULE

September 4 to October 31 2018

As of : Sept 5, 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
9:30 - 11:00 AM Drop in Parent/ Toddler 5 yrs & under North Gym		9:00 - 10:00 AM Gymnasium in use		9:30 - 11:00 AM Drop in Parent/ Toddler 5 yrs & under North Gym		9:00 - 10:00 AM Gymnasium in use		9:30 - 11:00 AM Drop in Parent/Toddler 5 yrs & under	
11:00 - 11:30 AM Registered Program (SG)		10:00 - 3:45 PM Open Gym until Sept 18 North & South Gym		11:00 - 11:30 AM Registered Program (SG)		11:00 - 11:30AM Registered Program (Sept 27) North Gym	10:15 - 11:45 AM Drop in Parent / Toddler 5 yrs & under South Gym	North & South Gym	
11:30 - 1:30 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym		10:00 - 11:30 AM Registered Program (Hop, Skip & Jump) begins Sept 25 North & South Gym		11:30 - 1:30 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym		12:15 - 3:45 PM Open Gym North & South Gym		11:30 - 1:30 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym	
2:00 - 3:45 PM Open Gym North & South Gym		12:00 - 3:45 PM Open Gym begins Sept 25 North & South Gym		1:45 - 4:30 PM Open Gym North & South Gym		4:00 - 5:45 PM Drop in Sports 6 - 12 yrs until Sept 21 North Gym	4:00 - 5:45 PM Drop in Sports 13 - 17 yrs	1:45 - 3:45 PM Open Gym North & South Gym	
4:00 - 5:15 PM Drop in Sports 6 - 12 yrs North Gym	4:00 - 5:15 PM Drop in Youth Basketball 13 - 17 yrs South Gym	4:00 - 5:45 PM Drop in Basketball 13 - 17 yrs North Gym	4:00 - 5:45 PM Drop in Sports 6 - 12 yrs South Gym	4:45 - 6:45 PM Registered Program (Playball) begins Sept 26 North Gym	4:45 - 6:45 PM Drop in Sports 6 - 12 yrs South Gym	3:45 - 6:15 PM Registered Program (Tennis) begins Sept 27 North Gym	South Gym	4:00 - 5:15 PM Drop in Sports 13 - 17 yrs North Gym	4:00 - 5:15 PM Drop in Sports 6 - 12 yrs South Gym
5:30 - 7:00 PM Family Drop in Sports Parent & Children ONLY (Up to 14 yrs old) North & South Gym		6:00 - 6:45 PM Kids Zumba 6 - 11 yrs (Must arrive by 6:05 p.m. for admittance) North & South Gym		7:00 - 7:45 PM Gymnasium in use North & South Gym		6:00 - 6:45 PM Kids Fit N Fun 6 - 13 yrs (Must arrive by 6:05 p.m. for admittance) South Gym only begins Sept 27 North & South Gym		5:45 - 7:45 PM Family Drop in Sports Parent & Children ONLY (Up to 14 yrs old) North & South Gym	
7:30 - 9:45 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym		7:00 - 8:00 PM Registered Program Line Dancing North & South Gym		7:00 - 7:45 PM Gymnasium in use North & South Gym		7:00 - 7:45 PM Gymnasium in use North & South Gym		8:00 - 9:45 PM Adult (18+) Drop in Pickle Ball/ Badminton North Gym & South Gym	
8:15 - 9:45 PM Adult (18+) Drop in Basketball (Wristbands) North & South Gym		8:00 - 9:45 PM Adult (21+) Drop in Basketball (Wristbands) North & South Gym		8:00 - 9:45 PM Youth Sports Night 13 - 17 yrs ends Sept 27 Adult (18+) Drop in Futsal begins Oct 4 North & South Gym		8:00 - 9:45 PM Adult (18+) Drop in Pickle Ball/ Badminton North Gym & South Gym		8:00 - 9:45 PM Adult (18+) Drop in Pickle Ball/ Badminton North Gym & South Gym	

SATURDAY		SUNDAY	
8:45 - 12:15 PM Registered Program begins Sept 29 North Gym	8:00 - 10:00 AM Open Gym South Gym	8:00 - 9:15 AM Open Gym North & South Gym	
10:30 - 11:45 AM Drop in Parent/ Tot South Gym	9:15 - 11:30 AM Open Gym	9:15 - 11:30 AM Registered Program begins Sept 23 North Gym	9:15 - 11:30 AM Open Gym South Gym
12:15 - 1:00 PM Open Gym North & South Gym		11:30 - 1:00 PM Open Gym North & South Gym	

DROP IN/OPEN GYMNASIUM RATES (per visit)	
Adult (18-59 years)	\$4.75
Senior (60+)	\$4.25
Student/ Youth (17-24 years)	\$4.25
Child (0-16 years)	\$3.75
Family (5 Members)	\$9.75

BIRTHDAY PARTY RENTALS
SATURDAY & SUNDAY 1:00 - 4:45 PM
 Check with Customer Service if Gymnasium is available for Open Gym on Saturday or Sunday afternoon.

Gymnasium Rules:
 Bring indoor shoes for all activities.
 Water bottles only. Food not permitted.
 All belongings locked in secured locker.

GYMNASIUM EXCLUSION DATES
 Regular scheduled activities not offered:
 Monday, September 24th 4:30 - 6:30pm
 Monday, October 1st 4:30 - 6:30pm
 Monday, October 8th - Thanksgiving (Facility Closed)
 Friday, October 5th & 26th (South Gym) 7:00 - 9:00pm



GYMNASIUM SCHEDULE

September 4 to October 31 2018

MONDAY TO FRIDAY 6:00AM – 10:00PM
SATURDAY & SUNDAY 7:30AM – 5:00PM



SCHEDULE SUBJECT TO MODIFICATIONS

Drop In - refers to scheduled activities with gym attendant supervision.

Open Gym - refers to shared use of space with unscheduled activities.

(Activities and equipment availability is at the discretion of gym attendants or customer service staff.)

Parent & Tot Drop In - for parent/guardian and children 5 years & under

UPDATES

Line Dancing: Tuesday's 7:00-8:00 p.m. Drop in also available. Drop in fee \$5/class.

Adult (21+) Drop in Basketball: Wednesday's 8:00pm - 9:45pm. Participants must arrive no later than 8:45 pm to be considered eligible to participate.

Learn to Play Pickleball! Sept 17th & Oct 22nd 7:30 - 8:30pm Sept 19th & Oct 24th 11:30am - 12:30pm

Youth Drop in Sports: Thursday, Sept 6th - 27th 8:00 - 9:45 pm Ages 13 - 17 years.

Futsal Returns Oct 4th! (18+) Thursday's from 8:00 to 9:45pm (Drop in rate of \$4.75)

PARENT/ GUARDIAN RESPONSIBILITY

UP TO 3 YEARS Parent or guardian participation required

3 - 5 YEARS Parent or guardian to remain in the gymnasium

6 - 9 YEARS Parent or guardian must remain in the BWG Leisure Centre but not required to remain in the gymnasium. Child cannot be released alone. Parent or guardian must pick up child from gymnasium at program or activity scheduled ending time.

10+ YEARS Age group able to participate in age specific program or activity unattended

MEMBERSHIPS

Fitness Centre Member : Fitness Centre, Walking Track, Fitness & Aquatic Classes, Open Gym & Drop-in Gym (age specific), Leisure Swim, Parent & Tot Swim

Child Facility Membership: Open Gym & Drop-in Gym (age specific), Leisure Skate, Leisure Swim