

# DROP IN/OPEN GYMNASIUM SCHEDULE

September 4 to October 31 2018

As of : Oct 10, 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
9:30 - 11:00 AM <b>Drop in Parent/ Toddler</b> 5 yrs & under North Gym		9:00 - 10:00 AM <b>Gymnasium in use</b>		9:30 - 11:00 AM <b>Drop in Parent/ Toddler</b> 5 yrs & under North Gym		9:00 - 10:00 AM <b>Gymnasium in use</b>		9:30 - 11:00 AM <b>Drop in Parent/Toddler</b> 5 yrs & under North & South Gym	
11:00 - 11:30 AM <b>Registered Program (SG)</b>		10:00 - 3:45 PM <b>Open Gym</b> until Sept 18 North & South Gym				11:00 - 11:30 AM <b>Registered Program</b> (Sept 27) North Gym		10:15 - 11:45 AM <b>Drop in Parent / Toddler</b> 5 yrs & under South Gym	
11:30 - 1:30 PM <b>Adult (18+) Drop in Pickle Ball/Badminton</b> North & South Gym		10:00 - 11:30 AM <b>Registered Program</b> (Hop, Skip & Jump) begins Sept 25 North & South Gym		11:30 - 1:30 PM <b>Adult (18+) Drop in Pickle Ball/Badminton</b> North & South Gym		12:15 - 3:45 PM <b>Open Gym</b> North & South Gym		11:30 - 1:30 PM <b>Adult (18+) Drop in Pickle Ball/Badminton</b> North & South Gym	
2:00 - 3:45 PM <b>Open Gym</b> North & South Gym		12:00 - 3:45 PM <b>Open Gym</b> begins Sept 25 North & South Gym		1:45 - 4:30 PM <b>Open Gym</b> North & South Gym		4:00 - 5:45 PM <b>Drop in Sports</b> 6 - 12 yrs until Sept 21 North Gym		4:00 - 5:45 PM <b>Drop in Sports</b> 13 - 17 yrs	
4:00 - 5:15 PM <b>Drop in Sports</b> 6 - 12 yrs North Gym	4:00 - 5:15 PM <b>Drop in Youth Basketball</b> 13 - 17 yrs South Gym	4:00 - 5:45 PM <b>Drop in Basketball</b> 13 - 17 yrs North Gym	4:00 - 5:45 PM <b>Drop in Sports</b> 6 - 12 yrs South Gym	4:45 - 6:45 PM <b>Registered Program</b> (Playball) begins Sept 26 North Gym	4:45 - 6:45 PM <b>Drop in Sports</b> 6 - 12 yrs South Gym	3:45 - 6:15 PM <b>Registered Program</b> (Tennis) begins Sept 27 North Gym	3:45 - 6:15 PM <b>Registered Program</b> (Tennis) begins Sept 27 South Gym	4:00 - 5:15 PM <b>Drop in Sports</b> 13 - 17 yrs North Gym	4:00 - 5:15 PM <b>Drop in Sports</b> 6 - 12 yrs South Gym
5:30 - 7:00 PM <b>Family Drop in Sports</b> Parent & Children (up to 14 yrs) North Gym	5:15 - 6:45 PM <b>Registered Program</b> (Sportball) South Gym	6:00 - 6:45 PM <b>Kids Zumba</b> 6 - 11 yrs (Must arrive by 6:05 p.m. for admittance) North & South Gym		7:00 - 7:45 PM <b>Gymnasium in use</b> North & South Gym		6:00 - 6:45 PM <b>Kids Fit N Fun</b> 6 - 13 yrs (Must arrive by 6:05 p.m. for admittance) South Gym only begins Sept 27 North & South Gym		5:45 - 7:45 PM <b>Family Drop in Sports</b> Parent & Children ONLY (Up to 14 yrs old) North & South Gym	
7:30 - 9:45 PM <b>Adult (18+) Drop in Pickle Ball/Badminton</b> North & South Gym		8:15 - 9:45 PM <b>Adult (18+) Drop in Basketball</b> <i>(Wristbands)</i> North & South Gym		8:00 - 9:45 PM <b>Adult (21+) Drop in Basketball</b> <i>(Wristbands)</i> North & South Gym		8:00 - 9:45 PM <b>Youth Sports Night</b> 13 - 17 yrs ends Sept 27 <b>Adult (18+) Drop in Futsal</b> begins Oct 4 North & South Gym		8:00 - 9:45 PM <b>Adult (18+) Drop in Pickle Ball/ Badminton</b> North Gym & South Gym	

SATURDAY		SUNDAY	
8:45 - 12:15 PM <b>Registered Program</b> begins Sept 29 North Gym	8:00 - 10:00 AM <b>Open Gym</b> South Gym	8:00 - 9:15 AM <b>Open Gym</b> North & South Gym	
	10:30 - 11:45 AM <b>Drop in Parent/ Tot</b> South Gym	9:15 - 11:30 AM <b>Registered Program</b> begins Sept 23 North Gym	9:15 - 11:30 AM <b>Open Gym</b> South Gym
12:15 - 1:00 PM <b>Open Gym</b> North & South Gym		11:30 - 1:00 PM <b>Open Gym</b> North & South Gym	

DROP IN/OPEN GYMNASIUM RATES (per visit)	
Adult (18-59 years)	\$4.75
Senior (60+)	\$4.25
Student/ Youth (17-24 years)	\$4.25
Child (0-16 years)	\$3.75
Family (5 Members)	\$9.75

**BIRTHDAY PARTY RENTALS**  
**SATURDAY & SUNDAY 1:00 - 4:45 PM**  
 Check with Customer Service if Gymnasium is available for Open Gym on Saturday or Sunday afternoon.

**Gymnasium Rules:**  
 Bring indoor shoes for all activities.  
 Water bottles only. Food not permitted.  
 All belongings locked in secured locker.

**GYMNASIUM EXCLUSION DATES**  
**Regular scheduled activities not offered:**  
 Monday, September 24th 4:30 - 6:30pm  
 Monday, October 1st 4:30 - 6:30pm  
 Monday, October 8th - Thanksgiving (Facility Closed)  
 Friday, October 5th & 26th (South Gym) 7:00 - 9:00pm



# GYMNASIUM SCHEDULE

September 4 to October 31 2018

MONDAY TO FRIDAY 6:00AM – 10:00PM  
SATURDAY & SUNDAY 7:30AM – 5:00PM



## SCHEDULE SUBJECT TO MODIFICATIONS

**Drop In** - refers to scheduled activities with gym attendant supervision.  
**Open Gym** - refers to shared use of space with unscheduled activities.  
(Activities and equipment availability is at the discretion of gym attendants or customer service staff.)  
**Parent & Tot Drop In** - for parent/guardian and children 5 years & under

## UPDATES

**Line Dancing:** Tuesday's 7:00-8:00 p.m. Drop in also available. Drop in fee \$5/class.  
**Adult (21+) Drop in Basketball:** Wednesday's 8:00pm - 9:45pm. Participants must arrive no later than 8:45 pm to be considered eligible to participate.  
**Learn to Play Pickleball!** Sept 17th & Oct 22nd 7:30 - 8:30pm Sept 19th & Oct 24th 11:30am - 12:30pm  
**Youth Drop in Sports:** Thursday, Sept 6th - 27th 8:00 - 9:45 pm Ages 13 - 17 years.  
**Futsal Returns Oct 4th! (18+)** Thursday's from 8:00 to 9:45pm (Drop in rate of \$4.75)

Family Drop in Sports Parent & Children (up to 14 yrs)	<b>5:15 - 6:45PM</b>
	Registered
	<b>PARENT/ GUARDIAN RESPONSIBILITY</b>
	(Sportball)
	<b>UP TO 3 YEARS</b> Parent or guardian participation required <b>3 - 5 YEARS</b> Parent or guardian to remain in the gymnasium <b>6 - 9 YEARS</b> Parent or guardian must remain in the BWG Leisure Centre but not required to remain in the gymnasium. Child cannot be released alone. Parent or guardian must pick up child from gymnasium at program or activity scheduled ending time.
North Gym	South Gym

## MEMBERSHIPS

**Fitness Centre Member** : Fitness Centre, Walking Track, Fitness & Aquatic Classes, Open Gym & Drop-in Gym (age specific), Leisure Swim, Parent & Tot Swim  
**Child Facility Membership:** Open Gym & Drop-in Gym (age specific), Leisure Skate, Leisure Swim