

DROP IN/OPEN GYMNASIUM SCHEDULE

September 5 - 30, 2017

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
9:30 - 11:00 AM Drop in Parent/Toddler North & South Gym (5 years & under) North & South Gym		9:00 - 10:00 AM Gymnasium in use 10:00 - 3:45 PM Open Gym until Sept 19 North & South Gym		9:15 - 10:45 AM Drop in Parent/Toddler North & South Gym (5 years & under) North & South Gym		9:00 - 10:00 AM Gymnasium in use 10:15 - 11:45 AM Drop in Parent/Tot (5 years & under) North & South Gym		9:30 - 10:45 AM Drop in Parent/Toddler North & South Gym (5 years & under) North & South Gym	
11:30 - 1:30 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym		10:00 - 11:30 AM Registered Program (Hop, Skip & Jump) begins Sept 26 North & South Gym		11:00 - 11:30 AM Registered Program begins Sept 27 North & South Gym		12:15 - 3:45 PM Open Gym North & South Gym		11:00 - 11:30 AM Registered Program (World of Discovery) begins Sept 29 North & South Gym	
1:45 - 3:45 PM Open Gym North & South Gym		11:45 - 3:45 PM Open Gym begins Sept 26 North & South Gym		11:30 - 1:30 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym		4:00 - 5:45 PM Drop in Sports 6 - 12 yrs until Sept 21 North Gym		11:30 - 1:30 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym	
4:00 - 5:15 PM Drop in Sports 6 - 12 yrs North Gym	4:00 - 5:15 PM Drop in Youth Basketball 13 - 17 yrs South Gym	4:00 - 5:45 PM Drop in Basketball 13 - 17 yrs until Sept 12 North Gym	4:00 - 5:45 PM Drop in Sports 6 - 12 yrs until Sept 12 South Gym	1:45 - 3:30 PM Open Gym North & South Gym		3:45 - 6:15 PM Registered Program begins Sept 28 North Gym		1:45 - 3:45 PM Open Gym North & South Gym	
5:15 - 7:00 PM Open Gym until Sept 19 North & South Gym		4:00 - 5:30 PM Registered Program Wheelchair Basketball (12+) North & South Gym		4:00 - 5:15 PM Drop in Volleyball 12 - 17 yrs North & South Gym		6:00 - 6:45 PM Kids Fit N Fun 6 - 13 yrs (Must arrive by 6:05 p.m. for admittance) South Gym only begins Sep.28 North & South Gym		4:00 - 5:00 PM Drop in Sports 13 - 17 yrs North Gym	
5:15 - 6:45 PM Registered Program (Toddler Time) begins Sept 25 North & South Gym		6:00 - 6:45 PM Kids Zumba 6 - 11 yrs (Must arrive by 6:05 p.m. for admittance) North & South Gym		5:30 - 6:45 PM Drop in Sports 6 - 12 yrs North Gym	5:30 - 6:45 PM Open Gym South Gym	7:00 - 7:45 PM Gymnasium in use North & South Gym		4:00 - 5:45 PM Drop in Sports 6 - 12 yrs South Gym	
7:30 - 9:45 PM Adult (18+) Drop in Pickle Ball/Badminton North & South Gym		7:00 - 8:00 PM Registered Program Line Dancing North & South Gym		7:00 - 7:45 PM Gymnasium in use North & South Gym		7:00 - 7:45 PM Gymnasium in use North & South Gym		5:45 - 7:45 PM Family Drop in Sports Parent & Children ONLY (Up to 14 yrs old)	
8:00 - 9:45 PM Adult (18+) Drop in Sports (Wristbands) North & South Gym		8:15 - 9:45 PM Adult (18+) Drop in Basketball (Wristbands) North & South Gym		8:00 - 9:45 PM Adult (18+) Drop in Sports (Wristbands) North & South Gym		8:00 - 9:45 PM Adult (21+) Drop in Basketball (Wristbands) North & South Gym		8:00 - 9:45 PM Adult (18+) Drop in Sports North Gym	8:00 - 9:45 PM Adult (18+) Drop in Pickle Ball/Badminton South Gym

SATURDAY		SUNDAY	
8:45 - 12:15 PM Registered Program begins Sept 28 North Gym	8:00 - 12:15 PM Open Gym South Gym	8:00 - 9:15 AM Open Gym North & South Gym	
		9:15 - 11:30 AM Registered Program begins Sept 24 North Gym	9:15 - 11:30 AM Open Gym South Gym
12:15 - 1:00 PM Open Gym North & South Gym		11:30 - 1:00 PM Open Gym North & South Gym	

DROP IN/OPEN GYMNASIUM RATES (per visit)	
Adult (18-59 years)	\$4.75
Senior (60+)	\$4.25
Student/ Youth (17-24 years)	\$4.25
Child (0-16 years)	\$3.75
Family (5 Members)	\$9.75

SATURDAY & SUNDAY 1:00 - 4:45 PM
Birthday Parties or Rentals
Check with Customer Service if Gymnasium is available for Open Gym on Saturday or Sunday afternoon.
North & South Gym

Gymnasium Rules:
Bring indoor shoes for all activities.
Water bottles only. Food not permitted.
All belongings locked in secured locker.

Rec. Demo Days
Thurs. Sept.14 4:45-5:45PM European Handball 13yrs+ N&S Gym
Mon. Sept.18 7:30-8:30PM Pickleball 18yrs+ N&S Gym
Wed. Sept.20 11:45-1:00PM Pickleball 18yrs+ N&S Gym

Leisure Centre Closed
Monday, September 5th, 2017

September 2017

SUMMER HOURS until September 4th: Monday to Thursday 6:00am - 10:00pm, Friday 6:00am - 8:00pm,
Saturday & Sunday 7:30am - 4:00pm

BWG Leisure Centre is closed: Monday, September 5th, 2017

Hours as of September 5th: Monday to Friday 6:00 AM - 10:00 PM; Saturday & Sunday 7:30 AM - 5:00 PM

Schedule Subject to Modifications

Drop In - refers to scheduled activities with gym attendant supervision.

Open Gym - refers to shared use of space with unscheduled activities.

Activities and equipment availability is at the discretion of gym attendants or customer service staff

Parent /Tot Drop In - for parent/guardian and children 5 years & under

SEPTEMBER NEWS AND UPDATES

Line Dancing - Registered program: Tuesdays 7:00-8:00 PM Drop in also available.

Drop in fee \$5/class.

REC. DEMO DAYS

Thursday, September 14th: 4:45 - 5:45PM European Handball 13yrs+ North & South Gym

Monday, September 18th: 7:30 - 8:30PM Pickleball 18yrs+ North & South Gym

Wednesday, September 20th: 11:45AM - 1:00PM Pickleball 18yrs+ North & South Gym

Parent/Guardian Responsibility

Up to 3 years	Parent or guardian participation required
3 - 5 years	Parent or guardian to remain in the gymnasium
6 - 9 years	Parent or guardian must remain in the BWG Leisure Centre but not required to remain in the gymnasium. Child cannot be released alone. Parent or guardian must pick up child from gymnasium at program or activity scheduled ending time.
10+ years	Age group able to participate in age specific program or activity unattended

Fitness Centre Member

age specific open/drop in gym activities included in your membership

Child Facility Membership (4-13 yrs) \$20.00/month or \$199.00/annually (add HST)

includes leisure swimming, leisure skating & open/drop in age specific gymnasium activities